

ADA Program Design

The diagram is a funnel shape composed of five horizontal bars of decreasing width from top to bottom. The top bar is the widest, and each subsequent bar is narrower. The text 'Options', 'Tactics', 'Foundations', and 'Discovery' is centered within each bar. The bottom bar is a solid black rectangle containing the word 'Orientation' in white text.

Options

Tactics

Foundations

Discovery

Orientation

Brief ADA History

DAVID J. H. GARVIN MSW, LMSW, established the ADA Program in 1986 in Toledo, Ohio at Family Services of Northwest Ohio. In 1987 David brought the ADA Program to Ann Arbor, Michigan at Catholic Social Services of Washtenaw County. When first established the Alternatives to Domestic Aggression program was modeled after the Duluth curriculum and consisted of 12 sessions in duration. Soon after, the format was increased to 18 weekly sessions and then again changed to 24 weekly sessions. For several years as we learned and developed the ADA Program, the curriculum was increased to 36 weekly sessions. In the early 1990's the ADA Program established its own curriculum and model and moved to a 52+ weekly session model program.

The creation of this workbook comes with the experience from working with perpetrators of domestic violence and abuse in the ADA Program since 1986.

This workbook mirrors the curriculum of the ADA Program. The assignments in this workbook stand on their own as important and useful tools in the ongoing pursuit of non-violence and accountability as it pertains to the unaccountable and coercive use of power & control.

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Options

Tactics

Foundations

Discovery

Accountability Workbook



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The staff of the ADA program, through the creation and development of this workbook have strived to operationalize a meaningful understanding of accountability. Many thanks to the current staff of the ADA Program; Joseph Barksdale, MSW, LMSW, CAAC, Jeffrie K. Cape ACSW, LMSW, Jorge Luna Cruz, Joseph J. Gonzalez MSW, Terri Gonzalez MSW, LLMSW, Lisa Young Larance, BA, MSW, LCSW, LMSW, Heather Willard-Robles, MSW, LLMSW, and Trenita Womack.

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I would also like to thank and acknowledge the many battered women who over the years have challenged our thinking and educated us about the realities of domestic violence. The tools and philosophy contained in the workbook come from an extensive and lengthy history of these discussions and challenges from battered women and their advocates.

In addition I would like to acknowledge the countless number of ADA service participants who, directly and indirectly, through their participation and "putting it to the test" assisted in the creation of this workbook.

In peace,



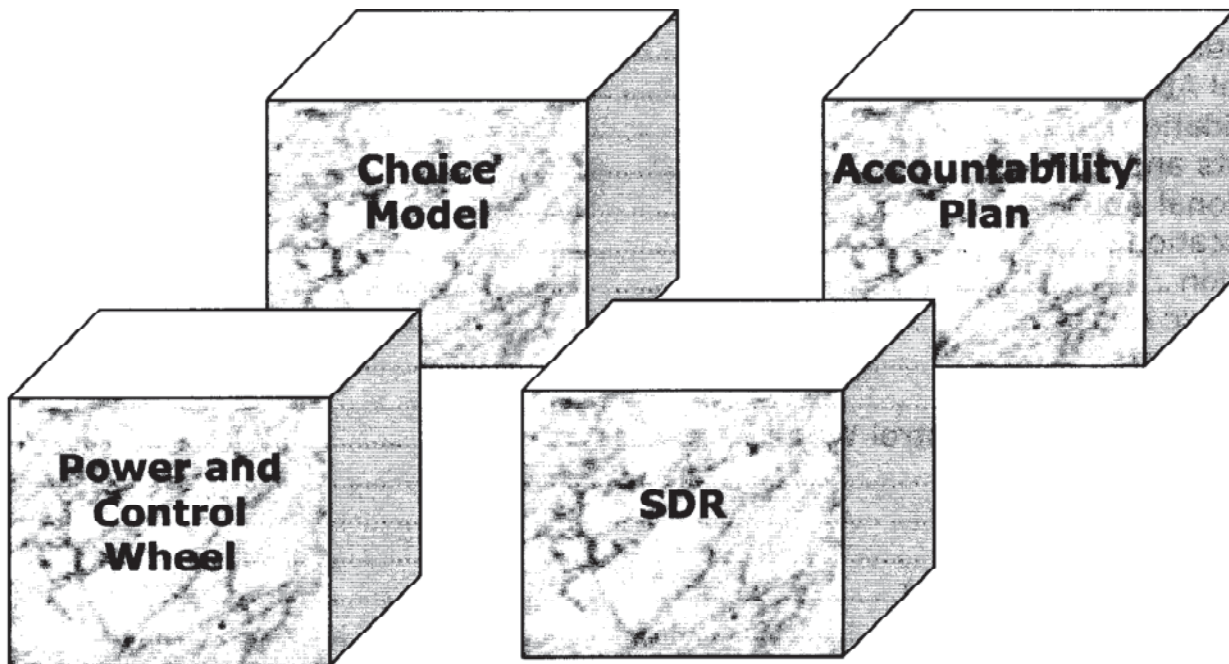
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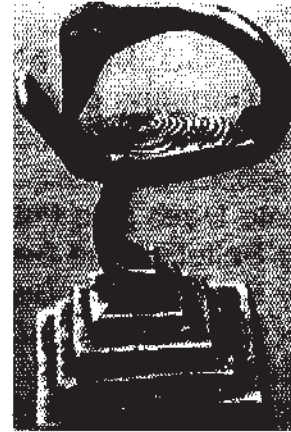
FOUNDATIONS



There is no try... only do or not do

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OPTIONS

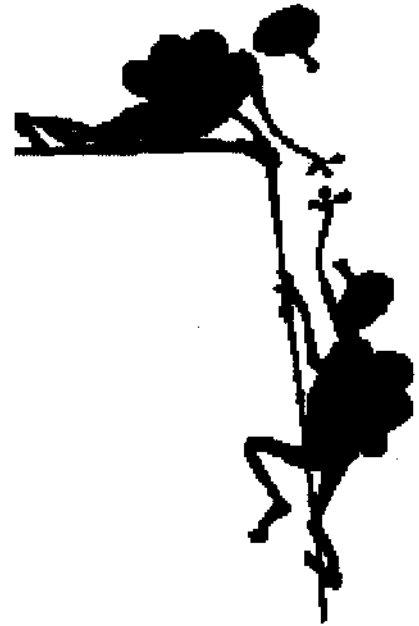


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TACTICS



"The first problem for all of us, men and women, is not to learn, but, to unlearn"

~ Gloria Steinem

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